

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2024

“June is the pearl of summer, shining with warmth and joy.”

L.M. Montgomery

<p>Butterfly Day! <b>1</b> The incredible Journey of the Butterflies Video 10:00 to 11:00 (Chapel) Scrubs 2:00 (L.L) Hymn Sing 7:00pm- Chapel</p>						
<p><b>Italian Day 2</b> Manicures with Mariah Balcony 2<sup>nd</sup> Floor Movie 2:00 (Chapel) National Garden week June 2<sup>nd</sup> to 8<sup>th</sup> 2024</p>	<p><b>Career Day! 3</b> 8:45am to 9:45am (LL) Exercise High Impact 9:15 C Low Impact 10:00 (L.L) Rosary and Prayer Group 10:30-Chapel Man's group 10:30pm Painting - 2:00 (L.L)</p>	<p><b>Dancercise 9:30 (L.L) 4</b> Knitting &amp; trivia 10:30 (C) Country Drive 1:30 pm Garden Crossword 1:30 (M.L) Bingo 2:00 (L.L) 3 O'clock walk around the Block</p>	<p><b>Exercise-Hight Impact 9:15 5</b> Low Impact 10:00 L.L Gardening Club-Garden Beaded Markers 10:30 M.L Shopping- 1:30pm Games and 2:00pm (Patio) Movie Night 7:00pm</p>	<p><b>Anglican Church 10:00 (C) 6</b> Did You Know? - Newfoundland National War Memorial 10:45 (C) Tai Chi 2:00pm - Outside Bingo 2:00 (L.L) &amp; Large memory game (M.L)</p>	<p><b>Music Cardio 9:15 Balls, Bands, Weights 9:45 (L.L) 7</b> Outing- Saunders Country Critters and Zoo 10:30 (M.L) Walking Club-9:30 H☺H &amp; Entertainment James Skarnika 7:00(L.L)</p>	<p>Enjoy your Weekend! <b>8</b> Scott's Baking Club 10:00 am (L.L) Scrubs 2:00 (L.L) Hymn Sing 7:00pm- Chapel</p>
<p>Enjoy your Weekend! <b>9</b> Manicures with Mariah Balcony 2<sup>nd</sup> Floor Movie 2:00 (Chapel)</p>	<p><b>Exercise 10</b> High Impact 9:15 (M.L) Low Impact 10:00 (M.L) Rosary and Prayer Group 10:30-Chapel Man's Group 10:30 (L.L) Painting - 2:00 (L.L)</p>	<p><b>Dancercise 9:30 (L.L) 11</b> Grand-Pal Program 10:30-12:30 (Lunch L.L) Country Drive 1:30 pm Trivia and more 1:30 (M.L) Bingo 2:00 (L.L) 3 O'clock walk around the Block <small>Shavuot Begins</small></p>	<p><b>World Red Rose Day 12</b> Career Day! 8:45am to 9:45am (LL) Exercise High Impact 9:15 Low Impact 10:00 (L.L) 2:00pm Games (L.L) &amp; All about the Rose (M.L)</p>	<p><b>Yukon Day 13</b> United Church 10:00 (C) Knitting &amp; trivia 10:30 (C) Tai Chi 2:00pm - Outside Bingo 2:00 (L.L) Family Paint Night 7:00 pm (L.L)</p>	<p><b>World Juggling Day 14</b> Exercise (L.L) Music Cardio 9:15 Balls, Bands, Weights 9:45 Walking Club-9:30 H☺H &amp; Entertainment Roxy Swan 2:00(L.L) <small>Flag Day (US)</small></p>	<p>Enjoy your Weekend! <b>15</b> Scrubs 2:00 (L.L) Hymn Sing 7:00pm- Chapel</p>
<p><b>Happy Father's Day 16</b> Entertainment Jumping Jimmy 10:30 to 11:30(M.L) Movie 2:00 (Chapel) <small>Father's Day</small></p>	<p><b>Exercise 17</b> High Impact 9:15 (M.L) Low Impact 10:00 (M.L) Rosary and Prayer Group 10:30-Chapel Painting - 2:00 (L.L)</p>	<p><b>Dancercise 9:30 (L.L) 18</b> Knitting &amp; trivia 10:30 (C) Country Drive 1:30 pm Trivia and more 1:30 (M.L) Bingo 2:00 (L.L) 3 O'clock walk around the Block</p>	<p><b>Juneteeth Day 19</b> Pet Therapy- (M.L) Exercise High Impact 9:15 Low Impact 10:00 (L.L) Shopping- 1:30pm Games 2:00pm (L.L) Movie Night 7:00pm <small>Juneteenth</small></p>	<p><b>Pentecostal Church 20</b> 10:00 – Chapel Highway 43 Car Club 1:00 to 4:00 with BBQ  Bingo 2:00 Outside <small>Summer Begins</small></p>	<p><b>Music Cardio 9:15 Balls, Bands, Weights 9:45 (L.L) 21</b> Walking Club-9:30 Resto Outing 11:15 (ML) H☺H &amp; Entertainment Marleen Fawcet 2:00(L.L)</p>	<p>Enjoy your Weekend! <b>22</b> Private Birthday Celebration 11:00 am to 4:00 pm (L.L) Hymn Sing 7:00pm- Chapel</p>
<p>Enjoy your Weekend! <b>23</b> Manicures with Mariah &amp; Holly Balcony 2<sup>nd</sup> Floor Gymnastic performance &amp; Ice cream treat 1:30pm Outside Movie 2:00 (Chapel)</p>	<p><b>St-Jean-Baptiste Day 24</b> Exercise High Impact 9:15 (M.L) Low Impact 10:00 (M.L) Rosary and Prayer Group 10:30-Chapel Man's Group 10:30 (L.L) Painting - 2:00 (L.L)</p>	<p><b>Dancercise 9:30 (L.L) 25</b> Knitting &amp; trivia 10:30 (Chapel) Country Drive 1:30 pm Trivia and more 1:30 (M.L) Bingo 2:00 (L.L) 3 O'clock walk around the Block</p>	<p><b>26</b> Exercise High Impact 9:15 Low Impact 10:00 (L.L) Guest Speak on Astronomy 10:30 to 11:30 (Chapel) Shopping- 1:30pm (M.L) Table Games- 2:00pm (L.L)</p>	<p><b>Memorial Ceremony 27</b> 10:00 to 11:00 In The garden H☺H &amp; Entertainment Spencer Scharf 2:00 (L.L) Birthday Celebration</p>	<p><b>SUMMER BEACH DAY 28</b> Music Cardio 9:15 Balls, Bands, Weights 9:45 (L.L) Music Therapy/Choir with Miriam 10:00 am (L.L) Bingo 2:00 (L.L) &amp; Beachball Volleyball (Patio)</p>	<p><b>National Fishing and Boating Week June 29<sup>th</sup> to July 7<sup>th</sup>. 29</b> Enjoy your Weekend! Scrubs 2:00 (L.L) Hymn Sing 7:00pm- Chapel</p>
<p>Enjoy your Weekend! <b>30</b> Manicures with Mariah Balcony 2<sup>nd</sup> Floor Movie 2:00 (Chapel)</p>	<p><b>SUSAN'S BEAUTY SALON:</b> Wednesday &amp; Thursday *Please call 613-608-1733 for an appointment*</p> <p><b>FOOT CARE NURSE:</b> Vicki Cullen *Please call 613-862-7143 for an appointment</p> <p><b>SHOPPING DAYS:</b> Every Monday and Wednesday at 1:30pm</p> <p><b>COUNTRY DRIVE:</b> Every Tuesday at 1:30pm</p>					